



Challenge Meet Sunday 31st May 2026 Licence No: MD/L3/06/MAY.26

Forfar ASC are delighted to invite you to attend our Challenge Meet to be held at Forfar Community Campus. (Under FINA and SASA Rules)

Forfar Community Campus, Kirriemuir Rd, Forfar DD8 3TG

Pool 25 Metres, 6 Lanes, anti-turbulence ropes Colorado automatic start system

Session One: Warm up 09:00, Start 10:05

Session Two: Warm up 13:10, Start 14.15

All timings are TBC -dependent on entries received.

Forfar Community Campus is not open to competitors until 8:30. Please do not arrive before this time.

Please complete the registration declaration in the summary sheet.

Age Groups 9-10 years, 11-12 years. 13-14 years. 15 and over. Age as at the end of the year.

Challenges

Freestyle: 50m, 100m 200m

Backstroke: 50m, 100m 200m

Breaststroke: 50m, 100m 200m

Butterfly: 50m, 100m 200m

SPRINTS: 50m each of the 4 strokes

Medley Mania Relay: The relay will be swum in the following order: - 1 x 50m backstroke - 2 x 50m breaststroke - 3 x 50m butterfly - 4 x 50m freestyle 10 lengths in total. Teams will consist of 5 swimmers, each of whom must swim any two non-consecutive relay legs. A club can enter a maximum of 2 teams. No swimmer can swim in both teams. Teams must include: 1) at least 1 male and 1 female; AND 2) a swimmer from at least 3 of the age groups.

Entry information

Entries to be on Hy-Tek files only.

Please email fascgalaconvenor@gmail.com to request the file.

Please note that this is a club competition and entries from composite teams will not be accepted.

*****CLOSING DATE FOR ENTRIES IS 5pm Friday 16th May 2026*****



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Events

Please see attached sheet for programme of events. All events will be HDW. Swimmers may enter a maximum of 2 challenges and swimmers must enter and swim all events in a challenge. A disqualification in an individual event does not make the swimmer ineligible to participate in the Challenge. Events will be swum with all age groups combined and seeded by entry times. One start rule will apply. Over the top starts will be used where practical.

Should fewer than 3 (three) entries be received for any Challenge by Age Group the meet convenor reserves the right to not run that challenge and offer any swimmers entered for that challenge an alternative challenge at no additional cost.

Entry Times

No consideration times have been set for this meet. Entry times need not be accredited, but real or training times should be entered for all swims to allow seeding of heats. NT entries will be accepted for the 200m events ONLY but times are preferred for seeding purposes.

Forfar ASC reserve the right to restrict the number of heats in any event. Entry Fees £21 per challenge (3/4 swims) £7.00 per relay team

Payment should only be made by BACS: Sort code: 800677 Acc: 00325399

Please use [CLUBCODE]Challenge as your payment reference.

Late payment will result in entries being rejected.

Technical Swimsuits

As of 1st May 2022, new regulations have come into force regarding technical swimsuits. All swimmers aged 13 years and under cannot compete wearing technical suits in Scottish Swimming licenced or registered events. For further information and FAQ's please see link below.

<https://scottishswimming.com/news/technical-swimsuit-policy-update/>

Awards

The total points across each challenge by each age group will be calculated and this will determine the awarding of medals.

Medals will be presented for 1st, 2nd and 3rd places for each challenge for each age group. For example, the medals available for Freestyle are:

9-10 years (1st to 3rd); 11-12 years (1st to 3rd); 13 – 14 years (1st to 3rd); 15 and over years (1st to 3rd)

Relay medals will be awarded to the top 3 (three) teams only i.e. those with the fastest times.



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Early withdrawals should be made using the link or QR code.

Refunds will only be issued on Medical Grounds if a Medical Certificate is presented. Please note: Any late withdrawals on medical grounds should be discussed with the Meet Director prior to being submitted to the Recorders.



[Withdrawals Link](#)

Cameras/Video

Photography & videoing Anyone wishing to take photographs or videos must adhere to the Scottish Swimming Well-being & Protection Policy. Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images.

The use of mobile phones is only permitted in designated areas and will not be permitted in the changing areas to prevent any misuse of mobiles with integrated digital camera/video equipment.

Officials

Clubs are asked to provide officials willing to help on the day. All clubs are expected to provide a minimum of 2 official per session, one of which should hold a minimum qualification of Judge 1. Clubs that have 12 swimmers or more should provide a minimum of 3 technical officials per session, at least one of which should hold a minimum qualification of Judge 2. Mentoring requests will be considered by the Meet Referee. It may be more likely for mentoring requests to be honoured if the clubs attending the meet provide a supply of qualified officials (Judge 1 & above), however we cannot guarantee all requests to be granted.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request when names are submitted.

Lunch will be provided for those individuals who officiate during the morning session, and for one coach per club. Lunch vouchers may be purchased on the day for any additional coaches for £5. For any additional lunches required please add to summary sheet.

[Please click here for STO sign up](#)



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Club Seating

Clubs will be allocated specific seating areas as it will be a busy poolside! The seating plan will be issued along with the Start Sheets as soon as possible.

Transgender and non-binary policy

As of the 1st of January 2025 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found [HERE](http://www.scottishswimming.com/about-us/equality). (www.scottishswimming.com/about-us/equality) Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

Please note

In the event of postponement, cancellation or abandonment of the event, refunds, if any, will be made at the absolute discretion of Forfar Amateur Swimming Club. Forfar Amateur Swimming Club will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

The pool management has requested that: • no outdoor shoes are to be worn on poolside • only coaches/team managers with a PVG go onto poolside • there are no hot drinks taken onto poolside • all participants place rubbish in the plastic bins/bags provided or take their rubbish home. • no mobile phones are to be used or taken into the changing area at any times

Please comply with these requests and help us meet the pool management's expectations.

Forfar Community Campus does not open to competitors until 8:30am. Please ensure swimmers and their families are aware of this. Lockers require a refundable £1 coin and should be used to store all belongings. The meet organisers and the facility management cannot be held responsible for items lost during the event.

Spectating Limited spectating will be available for both sessions



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Times will be subject to alteration, if necessary, dependent on entries received.

Session One: Access to the pool is only possible after 08:30

Warm up start: 09:00 Warm up finish: 10:00

Start: 10:05

101 Male & Open 200m Butterfly Event
102 Female 200m Butterfly Event
103 Male & Open 200m Freestyle Event
104 Female 200m Freestyle Event
105 Male & Open 100m Breaststroke Event
106 Female 100m Breaststroke Event
107 Male & Open 100m Backstroke Event
108 Female 100m Backstroke Event
109 Male & Open 50m Freestyle Event
110 Female 50m Freestyle Event
111 Male & Open 50m Backstroke Event
112 Female 50m Backstroke Finish:

12:15 LUNCH Session Two: Access to the pool is only possible after 13:00

Warm up start: 13:10 Warm up finish: 14:10

Start 14:15

201 Female 100m Butterfly Event
202 Male & Open 100m Butterfly Event
203 Female 50m Breaststroke Event
204 Male & Open 50m Breaststroke Event
205 Female 200m Backstroke Event
206 Male & Open 200m Backstroke Event
207 Female 50m Butterfly Event
208 Male & Open 50m Butterfly Event
209 Female 100m Freestyle Event
210 Male & Open 100m Freestyle Event
211 Female 200m Breaststroke Event
212 Male & Open 200m Breaststroke Event
213 Mixed Medley Mania x 5 swimmers Finish

FACILITY EXIT: 17:00



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Summary Sheet

All swimmers are charged for each challenge, there is no cost per swim in the entry file.

Club:

Contact Name:

Address:

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Telephone:

E-mail:

Form for entries number	Number	Total
Number of challenge entries @£21		£
Number of relays (max 2 per club) @£7		£
Additional Coaches Lunch @ £5		£
	TOTAL	£

Closing date for entries is Friday 16th of May 2026 at 5:00. All paperwork and payment to be received no later than this date. Please send the following information to: fascgalaconvenor@gmail.com

- Summary Sheet
- Hy-Tek Entry file
- Payment Confirmation (please use [CLUBCODE]Challenge as payment reference)

Declaration: I confirm that all swimmers entered in this competition have paid their current SASA membership fee. I confirm that the notice about the consumption of no food poolside and the use of photographic equipment, including mobile phones, has been brought to the attention of all swimmers, parents and coaches who will be attending the gala.

Signed

Position in Club Date __/__/__

Please complete the enclosed form and return with entries.

Late entries will not be accepted.

A draft programme will be available to Entry Secretaries prior to Meet date. Refunds may be considered but any request should be accompanied with a relevant medical note.

All swimmers must have paid their current SASA registration fee.